



St. Joseph's

UKRAINIAN CATHOLIC CHURCH

Blessed Vasyl Velychkovsky National Martyr's Shrine

Served by the Ukrainian Catholic Redemptorists

ST. JOSEPH'S PARISH OFFICE & MONASTERY

250 Jefferson Avenue
Winnipeg, Manitoba R2V 0M6

HOURS ~ MONDAY TO FRIDAY

9:00 a.m. – 12:00 p.m.
*Closed - 12:00 p.m. to
1:00 p.m. for lunch*
1:00 p.m. – 4:30 p.m.

PHONE

Office: 204-339-4512
Hall: 204-339-0061

EMAIL & WEBSITE

office@stjosephukrwinnipeg.ca
www.stjosephukrwinnipeg.ca

PASTOR

Fr. John Sianchuk, CSsR

ASSISTANTS

Fr. Yevhen Zadorozhnyi, CSsR
Fr. Ivan Dzhur, CSsR
Fr. Frank Szadiak, CSsR

OFFICE MANAGER

Natalia Bilynsky

BLESSED VASYL VELYCHKOVSKY NATIONAL MARTYR'S SHRINE

Shrine | Museum | Gift Shop

PHONE

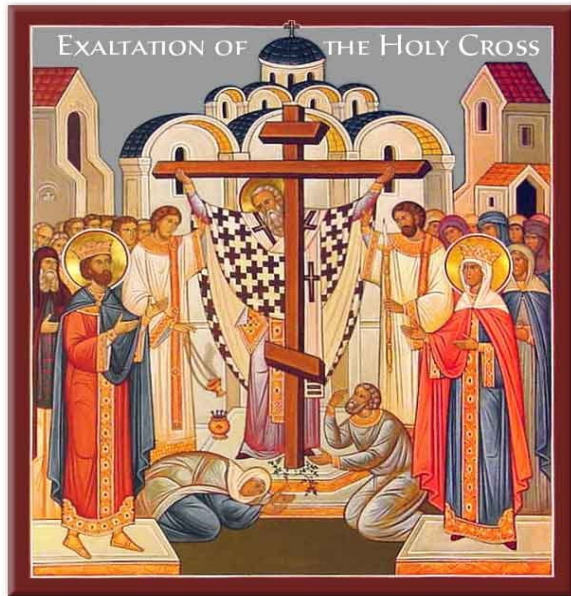
204-338-7321

EMAIL & WEBSITE

info@bvmartyrshrine.com
www.bvmartyrshrine.com

Parish Bulletin

MARCH 3, 2024



Third Sunday of Great Lent - Veneration of the Holy Cross

Icon Courtesy of:

<https://www.holycrossoca.org/elevcross.html>

Sunday Divine Liturgy Schedule

Saturday Great Vespers 4:00 P.M.

Saturday 5:00 P.M. (ENG)

Sunday 9:00 A.M (UKR/ENG) 11:00 A.M. (ENG)

Blessed Vasyl Devotions: Wednesday 2:30 P.M.

THREE DAY TRI-PARISH MISSION

ENCOUNTER THE TRINITY



St. Michael Parish
100 Yale Ave. E.

March
18 DAY 1
6:30 pm



St. Anne Parish
35 Marcie St.

March
19 DAY 2
6:30 pm



St. Joseph Parish
250 Jefferson Ave.

March
20 DAY 3
6:30 pm

**With our Missionary
Fr. Ivan Dzhur**

C.Ss.R.

the three evenings of
reflection, will be thought
provoking and challenge
us for change.

Followed by
fellowship
each evening.

A family friendly mission, with youth engagement & activity included.



A Time of Fellowship will Follow Each Evening following the Mission

Deepest Sympathy

Condolences are extended to the family and friends of the late +Norris Pawlychka

Grant Eternal Rest, O Lord, to the soul of your servant.

Вічна Пам'ять God Grant Him Eternal Memory Вічна Пам'ять

Sunday Collection February 25

Sunday Collection	\$2922
Open Collection	\$20
Vigil Lamps	\$76.15
Easter Flowers	\$20
Initial Offering	\$10
Share Lent	\$20
Building & Capital	\$1180
Building & Capital	\$75

In memory of +Helen Chubaty

Thank you for your support

Divine Liturgy & Sorokousty

Prayers for our dearly departed

Saturdays 9:00 am

March 2, 9

May 18

IF YOU WISH US TO REMEMBER YOUR FAMILY
MEMBERS PLEASE COMPLETE THE ENVELOPE FOUND
IN YOUR ENVELOPE PACKAGE OR THE EXTRA
ENVELOPES MARKED "SOROKOUSTY" AT THE BACK
OF THE CHURCH.

Слава Ісусу Христу!

Glory to Jesus Christ!

Third Sunday of Lent ~ Veneration of the Holy Cross

The Redemptorists and parishioners of St. Joseph's extend a warm welcome to all. Thank you for worshipping with us.



ONLINE CHURCH

Saturday

4:00 pm Great Vespers

Sunday

9:00 am & 11:00 am Divine Liturgy

**7:00 pm Way of the Cross - Хресна Дорога
(Ukrainian)**

Wednesday 7:00 pm Presanctified Liturgy

Friday

7:00 pm Way of the Cross - English

YouTube - St. Joseph's Ukrainian Catholic Church Winnipeg

Wednesdays

1:30 pm Rosary for Ukraine

2:30 pm Blessed Vasyi Devotions

YouTube - Bishop Velychkovsky National Martyr's Shrine

Upcoming Events at St. Joseph's

Sunday	March 3	9:00 am 11:00 am 7:00 pm	Divine Liturgy (Ukrainian) Divine Liturgy (English) Way of the Cross - Хресна Дорога (Ukrainian)
Monday	March 4	1:00 pm	UCWLC General Meeting
Tuesday	March 5	9:00 am 6:30 pm	Perogy Bee Prep English Classes
Wednesday	March 6	9:00 am 1:30 pm 7:00 pm	Perogy Bee Rosary followed by Blessed Vasyi Devotions Presanctified Liturgy
Friday	March 8	4:30 pm 7:00 pm	K of C Fish Fry Way of the Cross (English)
Saturday	March 9	9:00 am 4:00 pm 5:00 pm	Sorokousty Great Vespers Divine Liturgy (English)
Sunday	March 10	9:00 am 11:00 am 7:00 pm	Divine Liturgy (Ukrainian) Divine Liturgy (English) Way of the Cross - Хресна Дорога (Ukrainian)



Today!
Following the 9am and 11 am
Divine Liturgies

Come downstairs after Liturgy and enjoy a refreshment and some time of fellowship

Lenten Schedule

Wednesdays 7 pm - Pre-Sanctified Liturgy
 Fridays 7 pm - Way of the Cross (English)
 Sundays 7 pm - Way of the Cross - Хресна Дорога (Ukrainian)

Save the Date!

AGM (Annual General Meeting)
Sunday, March 17, 2024
 following the 11 am Divine Liturgy



Knights
of
Columbus



Fr. Shyshkovich
Council 8925

2024

March 8, 15, 22

4:30 pm - 6:30 pm

St Joseph's Ukrainian
Catholic Church

Menu

- | | |
|---|--------------------------|
| A. Fish & Perogy Dinner | \$ 11 |
| <i>One piece (4 oz*) deep-fried battered cod, three perogies (boiled or deep-fried), coleslaw, fried onions, sour cream, tartar sauce (on request).</i> | |
| B. Fish & Fries Dinner | \$ 10 |
| <i>One piece (4 oz*) deep-fried battered cod, French fries, coleslaw, tartar sauce (on request).</i> | |
| C. Extra Fish | \$ 7 |
| <i>One piece (4 oz*) deep-fried battered cod, tartar sauce (on request).</i> | |
| D. Perogy Plate | \$ 8 |
| <i>Six perogies (boiled or deep-fried), fried onions, sour cream.</i> | |
| E. Fries Plate | \$ 4 |
| <i>Only French fries.</i> | |
| F. Take Out Container (per dinner/plate) | \$ 1 |
| Beverages | Goodwill offering |
| <i>Coffee, Tea, Cherry drink</i> | |
| Dessert | Goodwill offering |
| <i>White cake (with icing)</i> | |



AN IMPORTANT MESSAGE FROM YOUR KNIGHTS OF COLUMBUS

The Knights of Columbus of St. Joseph's parish, Fr. Shyshkovich Council 8925, invite you to support your council and parish by purchasing Inter-Council Charity Drive (ICCD) raffle tickets. The grand prizes include your choice of brand-new vehicles and cash. Most proceeds of ticket sales go toward supporting a variety of K of C charities in Manitoba. As well, a lesser amount is rebated to our K of C council to support local charities and parish projects.

Please plan to attend the K of C FISH FRIES as advertised in our parish bulletin. You will be able to purchase your raffle tickets at that time as well. Both initiatives help us to fund many of our parish programs and projects and to serve the needs of our greater community.

YOU CAN HELP! For tickets, please visit Don Gulchak in the vestibule of our church before and after most Divine Liturgies or call him at 204 338 1030. **ORDER TODAY!**

With our thanks and prayers,
Fr. Shyshkovich Council

**KOBZAR™ BOOK AWARD
PRESENTATION**

**MARCH 21, 2024
5:30 - 9:00 pm**

**Canadian Museum
for Human Rights**

*An evening recognizing
outstanding contributions to
Canadian literary arts*

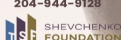


Reserve
your
tickets
today

Presenting Sponsor



www.kobzarbookaward.com
admin@shevchenkofoundation.ca
204-944-9128



Attention Alumni of St. Vladimir's College. You are invited to a Reunion.



St. Vladimir's College operated as a Ukrainian Catholic High School from 1941 to 2002 in Roblin, Manitoba Canada. A group of Alumni is planning a reunion gathering from June 28 to July 1, 2024 at St. Michael's Camp in Madge Lake, Saskatchewan.

All former students and teachers are welcome to attend this great opportunity to connect. For more information, details and to pre-register, visit

www.stvladsalumni.ca

Even if you are unable to attend, please complete the form and check the website regularly so that you can keep in touch!



ST. JOE'S PEROGY BEE

**Next Perogy Bee is
March 5th and 6th!**

We are now journeying through Lent and that means Fish Fry is soon upon us, which also means more perogies! Extra hands are always appreciated especially during this time! Our next perogy bees will be March 5th & 6th and March 19th & 20th. Please consider coming out and blessing us with your time towards a beautiful and worthy cause. God Bless you all.

To order please contact Mary at 204-339-1296, \$8.00/doz.

There will be a limit of 10 dozen per order at this time to ensure enough volunteers are available to fill each order. Orders will be taken to a maximum of 350 dozen as to not overwhelm our precious and valued volunteers!

Sacrament of Reconciliation (Confession)

will take place on Saturdays & Sundays before Divine Liturgy.



Epistle Readers

March 2 & 3

Sat. 5:00 pm
Donna Sumka

Sunday 9:00 am
Ivan Michalchyshyn

11:00 am
Joanne Malenko

March 9 & 10

Sat. 5:00 pm
Stephen Sumka

Sunday 9:00 am
Mary Marcinkow

11:00 am
Thomas Steur



Epistle Readers

March 16 & 17

Sat. 5:00 pm
Kathy Hrechka

Sunday 9:00 am
Orysia Hull

11:00 am
Nestor Dudych

March 23 & 24

Sat. 5:00 pm
Joanne Peters

Sunday 9:00 am
Ivan Michalchyshyn

11:00 am
Children's Liturgy

Ushers

March 2 & 3

Sat. 5:00 pm
Linda Zelinsky &
Gloria Bonin

Sunday 9:00 am
Nettie Royko &
Marian Moshansky

11:00 am
Sandy & Norm Dobson

March 9 & 10

Sat. 5:00 pm
Linda Zelinsky &
Gloria Bonin

Sunday 9:00 am
Steffie Wawrykow &
Janina Barrett

11:00 am
Jillian Galay &
Ernie Matwychuk



PRAYER OF ST. EPHREM

O Lord and Master of my life, keep from me the spirit of indifference and discouragement. Lust of power, and idle chatter.

(Prostration)

Instead, grant to me, Your servant, The spirit of wholeness of being, Humble-mindedness, patience, and love.

(Prostration)

O Lord and King, Grant me the grace to be aware of my sins And not to judge my neighbour. For You are blessed, now and for ever and ever.

Amen

(Prostration)

O God be merciful to me a sinner.
O God, cleanse me of my sins and have mercy on me.
I have sinned without number, forgive me, O Lord.
(making twelve bows)

(Once more the entire prayer of St. Ephrem is recited With one prostration at the conclusion.)



Icon courtesy of:
<https://akinsidepassage.org/2020/02/13/meditating-on-the-prayer-of-st-ephrem-the-syrian-during-lent/>

Prayers for the Sick Please Pray For:

Joanna Amer
Margaret Fedorchuk
Orest Fedorchuk
Corinne Kowpak
Patricia Lewak
Haley Norman
Steve Prokop
Helen Stockburn
Alicia Topor
Chris Topor
Lesia Whyte
Mary Woytowich

O Holy Father, You sent your only-begotten Son, our Lord Jesus Christ, to heal every infirmity. Heal your servants of every spiritual and bodily ill which afflicts them. Restore them by Your grace, and through the prayers of the Mother of God and Ever-Virgin Mary, and of all your Saints. For You, are the fountain of healing, and we glorify You together with your only-begotten Son, and your Spirit, now and ever, and forever. Amen.

Bishop Velychkovsky National Martyr's Shrine

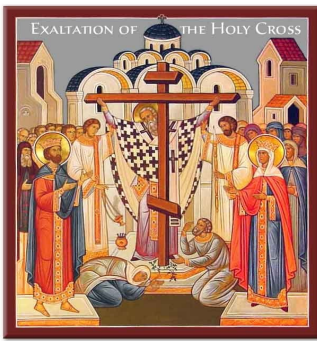
Rosary for Ukraine Wednesday 1:30 pm
Devotions Wednesday 2:30 pm

Shrine Hours

Tuesday-Friday 10:00 am - 5:00 pm,
Saturday 10 am -1:00 pm

The Shrine is open for prayers following the Saturday 5:00 pm and Sunday Liturgies.





The Third Sunday of Lent

The Veneration of the Holy Cross

This Sunday is the halfway point in Lent. Midway on our journey to Holy Week and Pascha, many of us are tiring of our spiritual disciplines. What we approached with joy the first week has now turned into a chore. We have become aware how little love we have in our hearts, which can be very discouraging. For this reason, the Church uses this Sunday to direct our attention to the Cross. The Cross is our strength and our salvation. We look to it and pray to Christ to give us strength to complete this

journey. The Gospel passage for this Sunday challenges us again to commit our whole lives to Christ. As Christ was crucified for our salvation, we are called to take up our meager cross and follow Christ by crucifying our sinful desires and surrendering our will to His.

Jesus extends His invitation to us once again to "deny ourselves, take up our cross and follow Him." Many of us have a narrow and limited understanding of self-denial. We pick and choose at random what we will give up and what we will do in the name of Christianity. We proceed to label them "Our little crosses we must bear." "I'll give up movies and/or TV during lent." Thus we come up with a list of trivialities that have no bearing on the "self-denial" Jesus speaks about in our gospel lesson for today. Christ-like self-denial goes much deeper. It penetrates the facade which hides our hidden sins, our shortcomings and our faults.

Utter denial does not mean depriving ourselves of the necessities of life, nor does it mean we must become paupers and live in rags. Neither does it mean we must lose our individuality, personality and identity. When Jesus speaks of total and utter denial of self, He means we must subordinate our clamoring ego that prohibits us from being the Children of God we were intended to be. Good intentions are not enough. This is why Jesus says, "If anyone would come after me, let him deny himself and take up his cross and follow me."

"Take up your cross and follow me" means to get started on our journey to salvation. If the road we are on does not have God's Eternal Kingdom as its destination, then we had better make a U-turn and find the right one! "Taking up our cross and following Jesus" means trying harder when those moments of calamity, tragedy, sorrow and loss and grief beset us. It means bringing under control our uncontrollable anger, our undue insensitivity, our impatience and impetuosity. It means subduing our temperament and disposition so that we can master them rather than their mastering us. This Sunday, let us pause with Jesus, to refresh ourselves spiritually, to assess our Lenten journey and to continue with greater determination. But the initiative is still ours. There is no way we can achieve eternal life with God unless we deny ourselves utterly and totally in Christ. This we do when we endure and sustain our own personal crosses and follow Him.

To Your cross, O Master, we bow in veneration, and we glorify Your Holy Resurrection.

***Хресту Твоєму поклоняємось, Владико, і святее Воскресіння
Твоє славим.***



Image courtesy of: <https://www.gfa.org/lent/week-2/tuesday/>



EASTER BAKE SALE

MARCH 23, 2024
10AM - 1PM



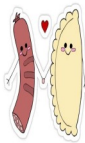
ST. BASIL THE GREAT
UKRAINIAN CATHOLIC CHURCH
PARISH AUDITORIUM
202 HARCOURT STREET

JOIN US FOR SOME
AUTHENTIC
UKRAINIAN FOODS
AND BAKINGS!!



- PEROGIES
- CABBAGE ROLLS
- PASKA (EASTER BREAD)
- BABKA (SWEET EASTER BREAD)
- UKRAINIAN SAUSAGE
- BEEETS (WITH HORSERADISH)
- EASTER BAKINGS
- UKRAINIAN AUTHENTIC BAKINGS

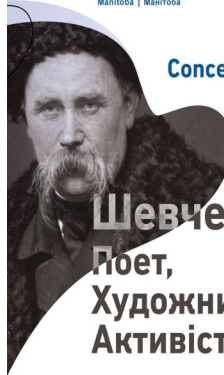
PORTION OF THE PROCEEDS FOR UKRAINE



Sponsored By the Ukrainian Catholic Women's League (UCWLC)



Manitoba | Манітоба



Concert to Commemorate

Shevchenko
The Poet,
Artist,
Activist

The Ukrainian Community Unites!
Children and Youth will present Songs, Verses and Art.

Українська Громада єднається!
Діти та молодь представляють пісні, вірші та
витвори мистецтва.

SATURDAY
MARCH 9th, 1:30 pm

ALL ARE ЗАПРОШУЄМО
INVITED ВСІХ

Ukrainian Canadian Institute Prosvita
777 Pritchard Avenue

Good Samaritan Pantry ~ Sts. Vladimir & Olga Cathedral 115 McGregor Ave.
We are accepting donations for people in need (bedding, towels, kitchen items, clothes, shoes in a good condition, hygiene items etc.) Warehouse is open on Sundays at 11:00 am to those in need.
Office Telephone: (204) 589-5025

HOLY WEEK & EASTER 2024

March 23	<u>Lazarus Saturday</u> 9:00 a.m.	Divine Liturgy
March 24	<u>Palm Sunday - Blessing of Pussy Willows</u> 5:00 p.m. (Saturday) 9:00 a.m. 11:00 a.m.	Divine Liturgy Divine Liturgy Divine Liturgy
March 25	<u>Annunciation</u> 9 am 7:00 p.m.	Divine Liturgy Divine Liturgy
March 26	<u>Holy Tuesday</u> 7:00 p.m.	Pre-Sanctified Liturgy
March 27	<u>Holy Wednesday</u> 7:00 p.m.	Pre-Sanctified Liturgy (Sacrament of Anointing of the Sick)
March 28	<u>Holy Thursday</u> 7:00 p.m.	Divine Liturgy of St Basil the Great
March 29	<u>Good Friday</u> 9:30 am. 2:00 p.m. 7:00 p.m.	12 Gospels Readings - Our Lord's Passion Vespers - Exposition of the Holy Shroud ~ Plashchanytsia Jerusalem Matins ~ Macenko Choir
March 30	<u>Holy Saturday</u> 1 p.m..	Divine Liturgy with Vespers

Pascha Великдень Easter

March 30	<u>Easter (Saturday Eve)</u> 8:30 p.m.	Resurrection Matins & Easter Divine Liturgy.
March 31	<u>Easter Sunday</u> 7:30 a.m. 11:00 a.m.	Resurrection Matins & Easter Divine Liturgy (Ukrainian) Divine Liturgy
April 1	<u>Bright Monday</u> 9:00 a.m. 7:00 p.m.	Resurrection Matins & Divine Liturgy Divine Liturgy
April 2	<u>Bright Tuesday</u> 9:00 a.m. 7:00 p.m.	Resurrection Matins & Divine Liturgy Divine Liturgy



Original Photo Courtesy of:
Natalia Bilynsky

Blessing of Easter Foods

Holy Saturday March 30

2:30 p.m., 3:30 p.m., 4:30 p.m.,

5:30 p.m.

in the auditorium and after the Divine
Liturgies in the church

HOW TO PUT TOGETHER A TRADITIONAL EASTER BASKET

TEXT ADAPTED FROM AN ARTICLE BY FR. BASIL KEAVNYAK, GCU MESSENGER, APRIL, 1979 ILLUSTRATED BY FR. JONATHAN BANNON



PASCHA - The Easter Bread (Pron. Pa-ska.) A sweet yeast bread rich in eggs, butter, etc. Symbolic of Christ Himself who is our True Bread. Usually round loaf baked with a golden crust decorated with a symbol indicative of Christ. Sometimes a cross (+) of dough is placed on top encircled by a plait given it a crowned effect or Greek

CHEESE - (Rusyn: Hrudka or Sirec) A custard type cheese shaped into a ball having a rather bland but sweet taste indicative of the moderation that Christians should have in all things. Also creamed cheese is placed in a small dish and both are decorated with symbols (see Pascha) out of cloves or pepper balls.



HAM - (Rusyn: Sunka - pron. shoon-ka.) The flesh meat popular with the Slavs as the main dish because of its richness and symbolic of the great joy and abundance of Easter. Some may prefer Lamb or Veal. This is usually well roasted or cooked as well as other meats so the festivity of the day will not be burdened with preparation and all may enjoy the Feast.

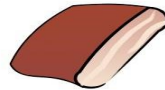


BUTTER - (Rusyn: Maslo pron. ma-slo.) This favorite dairy product is often shaped into a figure of a Lamb or small cross and decorated as the cheese. This reminds us of the goodness of Christ that we should have toward all things.

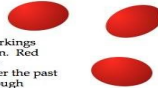


SAUSAGE (Rusyn: Kolbasi- pron. kol-bus-i) A spicy, garlic sausage of pork products indicative of God's flavor and generosity.

BACON - (Rusyn: Slanina pron. sla-ni-na) A piece of uncooked bacon cured with spices. Symbolic of the overabundance of God's mercy to us.



EGGS (Rusyn: Pisanki pron. pi-sun-ki) Hardboiled eggs brightly decorated with symbols and markings made with beeswax, indicative of new life and resurrection. Red eggs are also traditional date back to a story with St. Mary Magdalene. Having been dyed with onion skins saved over the past year, red shows the color of life and victory that came through Christ's blood.



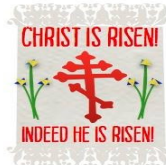
SALT - (Rusyn: Sol' pron. sol') A condiment necessary for flavor reminding the Christian of his duty to others.



HORSERADISH (Rusyn: Chrin pron. khrin) Horseradish mixed with grated red beets (optional) symbolizes the Passion of Christ still in our minds but sweetened with some sugar because of the Resurrection. A bitter-sweet red colored mixture reminds us of the sufferings of Christ.

These articles are placed in a wicker basket. A decorated candle is placed inside and is lit at the time of the blessing. A linen cover usually embroidered with a picture of the Risen Christ or symbol with the words "Christ is Risen" is placed over the food when brought to the Church.

In some places a large Easter Bread (Pascha) is made and brought separately in a large linen cloth. If the origin of the people was from a wine growing area, a sweet wine may be brought



Divine Liturgy Intentions & Scripture Readings

March 3 ~ 10

Third Sunday of Lent ~ Veneration of the Holy Cross			Heb. 4:14-5:6 ~ Mark 8:34-9:1	
Saturday	5:00 pm	March 2	+Alice & Terry Osborne	Joanne Peters
			+Walter, William & Mary Gwozd	Marie & Family
Sunday	9:00 am	March 3	For Our Parishioners	
	11:00 am		Health of Mursel Kluge	Marge Kluge
Venerable Gerasimus			Phil. 2:5-11 ~ Matt. 13:10-23	
Monday	8:00 am	March 4	In thanksgiving for all blessings received	Denise
Martyr Conon of Isauria			1 Cor. 1:18-25 ~ Matt. 13:36-43	
Tuesday	8:00 am	March 5	+William & Victoria Zabiaka	Marcel Chartier
42 Martyrs of Amorius			Gal. 2:16-20 ~ Matt. 9:18-26	
Wednesday	7:00 pm	March 6	Pre-Sanctified Liturgy	
Priest Martyr Ephrem, Basil and Eugene			Gal. 5:22-6:2 ~ Matt. 25:14-30	
Thursday	8:00 am	March 7	+Mr. & Mrs. Rodzen	Louise K. Rodzen
Priest Martyr Theophylactus			2 Tim. 3:10-15 ~ Matt. 25:1-13	
Friday	8:00 am	March 8	God's Blessings for Adele	Romolo Fracassi
All Souls Saturday			Heb. 6:9-12 ~ Mark 7:31-37	
Saturday	9:00 am	March 9	For the deceased of our families & parishioners	
	5:00 pm		+Tom & Nettie Rodeck	Haworth Family
Fourth Sunday of Lent			Heb. 6:13-20 ~ Mark 9:17-31	
Sunday	9:00 am	March 10	For Our Parishioners	
	11:00 am		+Helen Chubaty (40 days)	Family



Prayer to Saint Joseph

Hail, Guardian of the Redeemer, Spouse of the Blessed Virgin Mary. To you God entrusted his only Son; in you Mary placed her trust;

with you Christ became man.

Blessed Joseph, to us too, show yourself a father and guide us in the path of life. Obtain for us grace, mercy, and courage, and defend us from every evil. Amen.

Save the Date!

Church Cleaning in preparation for Holy Week and Easter
Monday, March 18
at 9:00 a.m.

