

Christ is among us!  
He is and will be!



Христос посеред нас!  
Є і буде!

### LITURGY INTENTIONS

**Sunday, August 23 • 13th Sunday after Pentecost** (PF of Dormition) 1 Corinthians 16: 13-24 ~ Matthew 21: 33-42

5:00 pm (Sat.) 55th Birthday Blessings for Donna Sumka.....Stephen  
8:30 am (Sun) God's blessings for St. Joseph's parishioners.....  
10:00 am (HFH) † Don Boguski.....Eileen Kuzenko  
11:00 am 92nd Birthday blessings for Steve Pasternak.....Family

**Monday, August 24 • Priest Martyr Eutyches** 2 Corinthians 12: 10-19 ~ Mark 4: 10-23

8:00 am God's blessings for Sister Georgina SSMI & Marie & Nick.....Stephen & Donna  
11:00 am (Bethany) † Sister Ruth Yakimishyn.....Sister Georgina SSMI

**Tuesday, August 25 • Apostle Bartholomew** 2 Corinthians 12:20 - 13:2 ~ Mark 4: 24-34

8:00 am † Stefan Chwaliboga.....daughter Audrey  
10:00 am (Middlechurch) Birthday blessings for Tillie Chisholm.....Sister Eugenia SSMI  
11:00 am (Bethany) **No Liturgy**

**Wednesday, August 26 • Adrian & Natalia** 2 Corinthians 13: 3-13 ~ Mark 4: 35-41

8:00 am Health & cure of illness for Bill, Amanda & Howard.....Rhonda Falconer (Shrine)  
10:00 am (HFH) Health of Patricia .....NN  
7:00 pm Devotions to Blessed Vasyl & Anointing

**Thursday, August 27 • Venerable Poemen** Galatians 1: 1-10, 20-2:5 ~ Mark 5: 1-20

8:00 am † Rudy Korol .....Florence Blanchard & family  
11:00 am (Bethany) † Nick Jakimeczko.....wife Helen

**Friday, August 28 • St. Augustine** Galatians 2: 6-10 ~ Mark 5: 22-24, 35-6:1

8:00 am Belated Birthday blessings for Evelyn Zwarych.....Prayer Partner  
11:00 am (Bethany) † Archbishop Michael Bzdel CSsR.....Provincial House

**Saturday, August 29 • Beheading of John the Baptist** Acts 13: 25-32 ~ Mark 6: 14-30

7:30 am (HFH) **No Liturgy**  
8:30 am Anniversary blessings for John and Yvonne.....Mom and Dad

**Sunday, August 30 • 14th Sunday after Pentecost** 2 Corinthians 1:21 - 2:4 ~ Matthew 22: 1-14

5:00 pm (Sat.) 70th Birthday Blessings for Stan Sirdar.....Family  
8:30 am (Sun) † Grace Prokop.....Steve & Family  
10:00 am (HFH) God's blessings for Mary & Victor Bernatsky.....Family  
11:00 am God's blessings for St. Joseph's parishioners.....

**SUNDAY COLLECTION August 16, 2015 THANK YOU! 117 envelopes \$ 2,400.00**

Open Collection \$ 92.50 ; Vigil Lamps \$ 130.60 ; Outreach \$ 20.00  
Church Decorating \$ 250.00

Parishioners of St. Joseph's, we are in need of Liturgy Intentions. Please direct inquiries concerning Liturgy Intentions (\$20) to the office.

During the Months of July & August, St. Joseph's Van, which provides rides to Liturgy will be available **ONLY** for Saturday 5:00 pm Divine Liturgy. Please call Josie & Rudy 694-8763

# ST. JOSEPH'S UKRAINIAN CATHOLIC CHURCH

## Українська Католицька Парафія Святого Йосифа

250 JEFFERSON AVENUE WINNIPEG, MANITOBA R2V 0M6

**AUGUST 23<sup>RD</sup> 2015 • 13<sup>TH</sup> SUNDAY AFTER PENTECOST**

**23 СЕРПНЯ 2015 • 13-А Неділя по Зіслання Святого Духа**

### PASTORAL CARE - REDEMPTORISTS

**PASTOR: FATHER DMYTRO DNISTRIAN, CSSR**  
**ASSISTANT: FATHER FRANK SZADIAK, CSSR**  
**ASSISTANT: FATHER JOHN SIANCHUK, CSSR**

**FATHER LEONARD RATUSHNIAK, CSSR**  
*Pastor of ST. ANDREWS PARISH*

### SUNDAY DIVINE LITURGY

5:00 PM SATURDAY (ENGLISH)

8:30 AM (UKRAINIAN) • 11:00 AM (ENGLISH)

### DAILY DIVINE LITURGY

8:00 AM MONDAY - FRIDAY • 8:30 AM SAT.

VESPERS SATURDAY 4:15 - 5:00 PM

### Holy Days

8:30 AM (UKRAINIAN) • 7:00 PM (ENGLISH)

### PARISH OFFICE

SECRETARY - CYNTHIA BRYANT

☎ 204-339-4512 •

• EMAIL: stjosephukr@mymts.net

• WEBSITE: [www.stjoeswinnipeg.com](http://www.stjoeswinnipeg.com)

AUDITORIUM ☎ 204-339-0061

### PROVINCIAL:

FATHER LARRY KONDRA, CSSR

☎ 204-339-5737 • FAX: 339.1062

### THE WELCOME HOME

FATHER TARAS KCHIK, CSSR

☎ 204-946-5352 • FAX: 943.0960

188 EUCLID AVENUE WINNIPEG R2W 2X4

EMAIL: [whome01@mymts.net](mailto:whome01@mymts.net)

**UKRAINIAN CATHOLIC ARCHDIOCESE (WINNIPEG)**

WEBPAGE: [www.archeparchy.ca](http://www.archeparchy.ca)



**REDEMPTORIST YOUNG ADULT MINISTRY**  
**MICHELLE THIESSEN** ☎ 204-799-1060

• EMAIL: [rymcssr@gmail.com](mailto:rymcssr@gmail.com)

WEBPAGE: [www.yorktonredemptorists.com](http://www.yorktonredemptorists.com)

**BLESSED VASYL VELYCHKOVSKY, CSSR**  
**BISHOP - MARTYR**

**SHRINE - MUSEUM - GIFT SHOP**

**HOURS OF OPERATION**

SUNDAY: AFTER DIVINE LITURGIES

MONDAY: CLOSED

TUESDAY - FRIDAY: 10:00 AM - 5:00 PM

SATURDAY: 10:00 AM - 1:00 PM

SHRINE DIRECTOR: FR. JOHN SIANCHUK, CSSR

SHRINE ADMINISTRATOR: MARY JANE KALENCHUK

☎ 204-338-7321 • EMAIL: [bvshrine@mts.net](mailto:bvshrine@mts.net)

WEBPAGE: [www.bvmartyrshrine.com](http://www.bvmartyrshrine.com)

**DEVOTIONS TO BLESSED VASYL**

7:00 PM WEDNESDAY



## St. Joseph's Catechism Ministry

We are approaching the start  
of our Catechism Program

### Registration is Sunday Sept 13, 10-11am

There will be a parent meeting, time to fill  
out registration forms and distribute books.

Registration fee is \$25 a child;

however, \$35 for Grade 2 student.

**September 20 is our Parish Praznyk with  
one Liturgy at 10:00 am;**

Classes begin Sunday, September 27  
from **10am to 11am** in church auditorium,  
followed by **Children's Liturgy at 11am**,  
with Commissioning of our Catechists

Catechism Co-ordinator  
**Michelle Thiessen 799-1060**

## Young Adults

### Any plans for the 2015-2016 year?

If you're 18-35 years old and still weighing  
your options, consider joining the Welcome  
Home Community this September as a live-in  
community member.

They are still looking for 1 more young adult to  
assist with the day-to-day programs and activities  
that cater to residents of the North Point  
Douglas neighbourhood in Winnipeg's inner-  
city.

Contact Justine at 946-5352 or  
email [whome01@mymts.net](mailto:whome01@mymts.net) for more details

## St. Joseph's Parish Perogy Bee

The first one of the season will be  
on **Tues, Sept 8 & Wed, Sept 9**

We need your help to peel, pinch, or pack.

To place your order **\$5/dozen** Call **Mary 339-1296**



UCWLC General Meeting will be held Tuesday, September 8, 2015 after Liturgy 7:00 pm



Knights of Columbus Shyshkowich Council Executive Meetings will be held

Thursday, August 27 and Thursday, September 10, 2015 at 7:00 pm.

Knights of Columbus Shyshkowich Council Business Meeting will be held

Monday, September 14, 2015 at 7:00 pm.

## PANSY, MB FALL SUPPER BUS TRIP – SUNDAY, SEPTEMBER 13, 2015

St. Joseph's Ukr. Catholic Church Seniors' Club invites you to join them.

\* Bus will leave from church parking lot (250 Jefferson Ave) at noon.

\* Bus will return from Pansy, MB by 3:00 pm

Bus cost \$20 per person + Pansy Fall Supper Meal cost \$15 = **\$35.00** for Total Cost of Trip  
Payment: cash or cheque prior to departure date; Reserve your seat on a First Come basis.

**Please contact: Phyllis (204) 334-1127**

Reserved Seating guaranteed with payment prior to **September 1, 2015**

**EVERYONE IS WELCOME!**

**Parking East Side of St. Joseph's Church; yes, with the opportunity to park on the EAST SIDE  
during our Saturday and Sunday Services, please:**

~ allow our elderly and handicapped parishioners the stalls close to the handicapped door.

~ ensure that your vehicle does not block the rear doors of the Stores in the Mall as these are  
secondary means of egress in times of emergency or other store activities.

~ Park close to the curbs provided to allow access to the Stores.

**August 22nd  
August 23, 2015**

## Epistle Readers

**5:00 pm Saturday**  
P. Lewak

**8:30 am Sunday**  
I. Michalchyshyn

**11:00 am Sunday**  
J. Dudych

## Ushers

**5:00 pm Saturday**

M. Hykawy  
J. Hykawy

**8:30 am Sunday**  
M. Solman  
V. Solman

**11:00 am Sunday**  
M. Samec  
I. Werbovetski

**Vigil Lamps**  
Aug 17 - Aug 30, 2015

K. Warrenchuk  
A. Czul

**August 29th  
August 30, 2015**

## Epistle Readers

**5:00 pm Saturday**  
K. Hrechka

**8:30 am Sunday**  
O. Hull

**11:00 am Sunday**  
P. Krasnowski

## Ushers

**5:00 pm Saturday**

J. Tchir  
D. Dahl

**8:30 am Sunday**  
R. Macsymach  
P. Prystupa

**11:00 am Sunday**  
G. Fallis  
G. Lasko

**Vigil Lamps**  
Aug 31– Sept 13, 2015

M Winchar  
N Winchar



## Canon Luhovy Assembly of the Knights of Columbus

has created an **Educational Foundation.**

The purpose of this Foundation is to assist  
financially any member of our Ukrainian  
Catholic Community who is enrolled in a  
post-secondary (University or College) or a  
private Catholic secondary school program.  
This assistance is also offered to anyone  
pursuing a vocation or wishing to enhance  
their educational profile.

**Bursary Application Forms are in the parish  
office. Deadline September 30, 2015**

## Out Reach Ministry

We would like to gently remind all of our  
parishioners to keep bringing non-perishable  
items for our "Out Reach" cupboards.  
Summer is still a difficult time for the people  
that depend on our help.

May God Bless You All for your continued  
support to this valuable ministry!



## Marriage Banns:

**Kayla Rae Kulbaba** daughter of Marvin & Natalie (nee Holub) is promised in  
marriage to **David Amorim**, son of Laurentino & Maria (nee Coelho).



**Congratulations and МНОГАЯ ЛІТА to Amanada Tycholis and Matthew Hickey**  
who celebrated the **Sacrament of Marriage** on **August 21st, 2015.**

*May the Good Lord bless you with many happy blessed years of joy and love!*



## The 37th Convention UCWL of Canada Archeparchy of Winnipeg

will be held **October 16 & 17, 2015** at Holy Eucharist Parish Centre, 460 Munroe Ave.

Keynote speaker: Rev. Father Stephen Wojcichowsky; Theme: Becoming a Welcoming Church

## ARE YOU INTERESTED IN USHERING OR READING THE EPISTLE???

We are looking for volunteers to **usher** at Divine Liturgies on Saturday evenings at 5:00 pm and  
Sundays at 8:30 am & 11:00 am. Please call the office **339-4512** for more info, or to volunteer.

We are also desperately **seeking volunteers** to read the **Epistle, especially at 8:30 am Divine Liturgy (Ukr)**

Please call **Joanne 669-8291** for more info, or to volunteer. **Thank You.**

It's been said that God first separated the salt water from the fresh water, made dry land, planted a garden, made animals and fish... All before making a human. He then made and provided what we would need before we were even born. These foods are at their best and most powerful when eaten raw.

A sliced **carrot** looks like the human eye. The pupil, iris and radiating lines look just like the human eye....And YES, science now shows carrots greatly enhance the blood flow and function of the eyes.

A **tomatoe** has four chambers and is red. The heart has four chambers and is red. All of the research shows tomatoes are loaded with lycopin and are indeed pure heart and blood food.

**Oranges, grapefruits and other citric fruits** look just like the mammary glands of the female and actually assist the health of the breasts and the movement of lymph in and out of the breasts.

**Grapes** hang in a cluster that has the shape of the heart. Each grape looks like a blood cell and all of the research today shows grapes are also profound heart and blood vitalizing food.

**Figs** are full of seeds and hang in twos when they grow. Figs increase the mobility of male sperm and increase the numbers of sperm, as well to overcome male sterility.

A **walnut** looks like a little brain, a left and right hemisphere, upper cerebrums and lower cerebellums. Even the wrinkles or folds on the nut are just like the neo-cortex. We now know walnuts help develop more than three (3) dozen neuron-transmitters for brain function.

**Kidney beans** actually heal and help maintain kidney function and yes, they look exactly like the human kidneys.

**Celery, bok choy, rhubarb** and many more look just like bones. These foods specifically target bone strength. Bones are 23% sodium and these foods are 23% sodium. If you don't have enough sodium in your diet, the body pulls it from the bones, thus making them weak. These foods replenish the skeletal needs of the body.

**Avocados, eggplant and pears** target the health and function of the womb and cervix of the female - they look just like these organs. Today's research shows that when a woman eats one avocado a week, it balances hormones, sheds unwanted birth weight and prevents cervical cancers. And how profound is this? It takes exactly nine (9) months to grow an avocado from blossom to a ripened fruit. There are over 14,000 photolytic chemical constituents of nutrition in each of these foods (modern science has only studied and named about 141 of them.)

**Sweet potatoes** look like the pancreas and actually balance the glycemic index of diabetics. **Olives** assist the health and function of the ovaries.

**Onions** look like the body's cells. Today's research shows onions help waste material from all of the body cells. They even produce tears which wash the epithelial layers of the eyes. A working companion, garlic, also helps eliminate waste materials and dangerous free radicals from the body.

Amazing, God left us such great clues as to what foods we should eat to help certain parts of our body!

## Community Events

### Ukrainian Day~ Celebrating Ukraine's Independence~ Presented by Ukr Cdn Congress

**NEW LOCATION: Regent Event Centre, 1425 Regent Ave West**

Sunday, **August 23, 2015** ~ 2:00 pm to 8:00 pm

Cost: \$5.00 /person ; \$10.00 /family

Sponsorship enquiries visit: [www.uccmb.ca/ukrainianday](http://www.uccmb.ca/ukrainianday)

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**Palliative Manitoba events** ~ Mon. **Aug 24~9:30am** Meet Ian Bos, who is walking across Canada to raise awareness for palliative care. He will be at Riverview Health Centre, 1 Morley Ave.

Open House **2pm-5pm** at Palliative MB offices, 215 Duffield St.

Tues **Aug 25** ~ Walk at 9am from Portage & Main to 215 Duffield St. **Info: Joan 889-8525**

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### Marian Eucharistic Conference ~ August 28-30, 2015 ~ Fairmont Hotel (Portage & Main)

Various speakers Fri 6-9pm, Sat 9am-noon & 6:30 to 8pm; Sun 10am-4pm

Archbishop Richard Gagnon will celebrate the opening Mass on Friday at 3:30 pm

Visit: [www.marianconference.com](http://www.marianconference.com) or call 204-268-2046; brochures at back of church

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### Farmer's Market hosted by Knights of Columbus Canon Luhovy Assembly

Sunday, **September 13, 2015** ~ 9:00am to 3:00pm at LUBOV SSMI Foundation, 1085 Main St.

"By the Pound or by the Bag" supplied by Neumann's Market- See Pre-order form at back of church

Also Honey, Wild Rice, Perogies, Garlic Sausage Rings, Pickerel Fillets, & Homemade jams, jellies, pickles

**All proceeds raised for the Holy Family Home Chapel Project**

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**Holy Eucharist Annual Pickerel Fish Fry** at Holy Eucharist Parish Centre, 460 Munroe Ave  
Friday, **September 18, 2015**~ Doors open 4pm~Supper 5:30-7pm. Adults \$15; Child (7-12yr) \$7  
For tickets call: Bernice 669-2068; Ernie 237-9394 or 667-8866(HE office)

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**Zoloto Ukr Dance Ensemble & Co Registration** (online by 8/25 for \$25 off fee: [www.zolotomb.ca](http://www.zolotomb.ca))  
In person: **Aug 26, Sept 1 & 2, Sept 15 & 16 at 6:30pm**~ St. Josaphat Parish Hall, 590 Alverstone  
Recreational Div Tuesdays Ages 3-17yrs; Intensive Tuesday& Wed Ages 6-17;

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**CCRS of MB Conference "Reclaiming Your Inheritance" Sept 18-19-20** with speaker **Dr. Carol Razza**, psychotherapist & faculty member of St. Vincent de Paul seminary in FL. Call for advance Breakfast tickets 895-7544 or [ccrs@catholicrenewalservices.com](mailto:ccrs@catholicrenewalservices.com)

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**Avramenko and Ukrainian Dance in Canada Exhibit**, presented by the Shevchenko Foundation, is on at Oseredok, 184 Alexander Ave. East, Wpg until **September 16, 2015**.

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**Joy Smith Foundation Rides Again in the 2015 Ride For Refuge! Oct 3, 2015 Ride or Walk to End Human Trafficking!** Go to [www.joysmithfoundation.com](http://www.joysmithfoundation.com)

### UKRAINIAN PARK ANNUAL FUNDRAISING DINNER ~ October 24, 2015

at Sts. Peter and Paul Parish Centre, 400 Marion Street

**Ticket Prices are \$70 per ticket** which includes a wine & cheese (5:30pm), a full course dinner with refreshments (6pm), followed by an Elimination Draw for a chance to win \$1000.00.

Proceeds from the Fundraising Dinner will be applied towards major projects. Thank you for supporting our Ukrainian Park. Ken Zulyiak, Park Administrator 204-442-0003

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