

Christ is among us!  
He is and will be!



Христос посеред нас!  
Є і буде!

LITURGY INTENTIONS

**Sunday, August 17 • 10th Sunday after Pentecost** (PF of Dormition) **1 Corinthians 4: 9-16 ~ Matthew 17: 14-23**  
 5:00 pm (Sat.) †Lena Shewchuk..... Janet and Tony Klimchuk  
 8:30 am God's Blessings for St. Joseph's Parishioners .....  
 10:00 am (HFH) Birthday Blessings for Olga Palmer..... Marianne and family  
 11:00 am †Jessie Koroscil..... Koroscil/Lukie families

**Monday, August 18 • Martyr Florus** (PF of Dormition) **2 Corinthians 2: 4-15 ~ Matthew 23: 13-22**  
 8:00 am Birthday Blessings and good health for Lillian Sianchuk..... niece, Evelyn and Doug Gordon  
 God's Blessings and good health for Arianna and Lucjan..... Baba & Dido

**Tuesday, August 19 • Andrew the Centurian** (PF of Dormition) **2 Corinthians 2:14 - 3:3 ~ Matthew 23: 23-28**  
 8:00 am †Mary Boychuk (5 yr- July 12)..... Peter Boychuk  
 Health for Pauline Douglas..... Elizabeth and Ted

**Wednesday, August 20 • Prophet Samuel** (PF of Dormition) **2 Corinthians 3: 4-11 ~ Matthew 23: 29-39**  
 8:00 am Anniversary Blessings for Anna Marie & Derek ..... Mom & Dad  
 10:00 am (HFH) God's Blessings & good health for Stan Kyba ..... Sister Esther SSMI  
 7:00 pm Devotions to Blessed Vasyl and Anointing.....

**Thursday, August 21 • Apostle Thaddeus** (PF of Dormition) **2 Corinthians 4: 1-6 ~ Matthew 24: 13-28**  
 8:00 am God's Blessings for Ed and Rose Leganchuk..... Rose and Ed Ozubko  
 11:00 am (Bethany) †Kataryna Kordupel..... Maria Luczak family

**Friday, August 22 • Martyr Agathonicus** (PF of Dormition) **2 Corinthians 4: 13-18 ~ Matthew 24: 27-33 ; 42-51**  
 8:00 am †Walter Gwozd..... Matt Stebeleski and Haworth families  
 11:00 am Panakhyda / Requiem service and unveiling of commemorative plaque.....  
 11:00 am (Bethany) †Michalchyshyn family..... Stella Hryniuk

**Saturday, August 23 • Martyr Lupus** (PF of Dormition) **1 Corinthians 1: 3-9 ~ Matthew 19: 3-12**  
 8:30 am †Terry Kasian (40th)..... Phyllis Trach

**Sunday, August 24 • 11th Sunday after Pentecost** **1 Corinthians 9: 2-12 ~ Matthew 18: 23-35**  
 5:00 pm (Sat.) 60th Anniversary blessings for Ed & Anne Faseruk..... Children & Grand children  
 8:30 am God's Blessings for Steve Pasternak and St. Joseph's Parishioners ..... family  
 10:00 am (HFH) Health for Fr. Deacon Nicholas and †Mary Kohuch ..... family  
 11:00 am †George Zawortny..... Kay and family

During the Months of June, July & August, St. Joseph's Van, which provides rides for Parishioners, will be available **ONLY** for Saturday 5:00 pm Divine Liturgy. Please call Josie & Rudy 694-8763

**SUNDAY COLLECTION August 10, 2014 THANK YOU! 141 envelopes \$ 3,268.00**  
 Open Collection \$ 56.30; Vigil Lamps \$ 160.00; Outreach \$50.00 ;Peter Pence \$ 60.00 ;

**AED Defibrillator**, in case anyone has a **SCA (Sudden Cardiac Arrest)** in church, is kept by the Shrine door, as well as the portable oxygen tank. Our Parish Council is pleased to announce: an automatic door opener has been installed at the glass-block entrance-way to the elevator (N-East side of church).

# ST. JOSEPH'S UKRAINIAN CATHOLIC CHURCH

## Українська Католицька Парафія Святого Йосифа

250 JEFFERSON AVENUE WINNIPEG, MANITOBA R2V 0M6

**AUGUST 17TH 2014 • 10TH SUNDAY AFTER PENTECOST**  
**17 СЕРПНЯ 2014 • 10-а Неділя по Зісланню Святого Духа**

**PASTORAL CARE - REDEMPTORISTS**  
**PASTOR: FATHER BOHDAN LUKIE, CSSR**  
**ASSISTANT: FATHER FRANK SZADIAK, CSSR**  
**FATHER LEONARD RATUSHNIAK, CSSR**  
*Pastor of ST. ANDREWS PARISH*

**SUNDAY DIVINE LITURGY**  
5:00 PM SATURDAY (ENGLISH)  
8:30 AM (UKRAINIAN) • 11:00 AM (ENGLISH)  
**DAILY DIVINE LITURGY**  
8:00 AM MONDAY - FRIDAY • 8:30 AM SAT.

**Holy Days**  
8:30 AM (UKRAINIAN) • 7:00 PM (ENGLISH)

**PARISH OFFICE**  
SECRETARY - CYNTHIA BRYANT  
☎ 204-339-4512 •  
• EMAIL: stjosephukr@mymts.net  
• WEBSITE: [www.stjoeswinnipeg.com](http://www.stjoeswinnipeg.com)  
AUDITORIUM ☎ 204-339-0061

**PROVINCIAL:**  
**FATHER LARRY KONDRA, CSSR**  
☎ 204-339-5737 • FAX: 339.1062

**THE WELCOME HOME**  
**FATHER MICHAEL SMOLINSKI, CSSR**  
**FATHER JOHN SIANCHUK, CSSR**  
☎ 204-946-5352 • FAX: 943.0960  
188 EUCLID AVENUE WINNIPEG R2W 2X4  
EMAIL: whome01@mts.net

**UKRAINIAN CATHOLIC ARCHDIOCESE (WINNIPEG)**  
WEBPAGE: [www.archeparchy.ca](http://www.archeparchy.ca)



**REDEMPTORIST YOUNG ADULT MINISTRY**  
**MICHELLE THIESSEN** ☎ 204-799-1060  
• EMAIL: [rymcssr@gmail.com](mailto:rymcssr@gmail.com)  
WEBPAGE: [www.yorktonredemptorists.com](http://www.yorktonredemptorists.com)

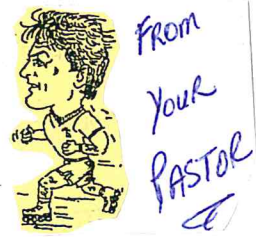
**BLESSED VASYL VELYCHKOVSKY, CSSR**  
**BISHOP - MARTYR**  
**SHRINE - MUSEUM - GIFT SHOP**  
**HOURS OF OPERATION**  
SUNDAY: AFTER DIVINE LITURGIES  
MONDAY: CLOSED  
TUESDAY – FRIDAY: 10:00 AM - 5:00 PM  
SATURDAY: 10:00 AM - 1:00 PM  
SHRINE DIRECTOR: FR. JOHN SIANCHUK, CSSR  
SHRINE ADMINISTRATOR: MARY JANE KALENCHUK  
☎ 204-338-7321 • EMAIL: [bvshrine@mts.net](mailto:bvshrine@mts.net)  
WEBPAGE: [www.bvmartyrshrine.com](http://www.bvmartyrshrine.com)



**Glory be to Jesus Christ! Glory be forever!**  
 The parish of St. Joseph extends a warm welcome to all our guests. We are pleased that you have come to pray with us. May the Lord bless you!

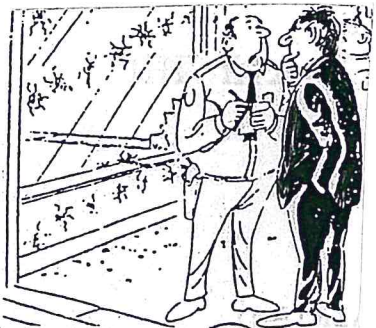
**СЛАВА ІСУСУ ХРИСТУ! СЛАВА НА ВІКИ!**  
 Парафія святого Йосифа сердечно вітає всіх гостей, які прибули до нас на Богослуження. Нехай Бог вас благословить!

**Dear Parishioners and Friends of St. Joseph's,**  
 A mother with a fidgety seven-year old boy told me how she finally got her son to sit still. Here's how: about halfway through the sermon, she leaned over and whispered: "If you don't be quiet, Father Bohdan is going to lose his place and will have to start his sermon all over again!" Apparently it worked!



**"Starting all over again"** in some instances is the very last thing some people want to do. On the other hand, some sincerely wish they could start all over again. "If I only had another chance...", they might say to themselves. Is there anything you know you could do better? For instance, is today the day I will do my best not to lose my temper with "so and so"; get those errands finished earlier and thus create an extra hour for my children or loved one; do that random act of kindness and compassion; be spontaneous with my friends and family; tell them that I love them?

Daily God gives us multifarious chances to **"start over"**. Every sunrise abundantly attests to God's great generosity. These opportunities stem from our Baptism whereby God makes us **"new"** again. This grace is virtually offered every day, every week. Let us never grow tired of **starting over** in the eyes of God for we are most precious and loved by Him. Simultaneously, we will probably play an important role in the life of someone else who truly wanted to start all over again. God will happily use us. Be patient. Give Him glory!



'WHAT ELSE DID YOU SAY IN YOUR SERMON, FR. BOHDAN?'

I realize that so many parishioners will have disappeared for the summer, so I hesitate to write more, but I do want everyone to celebrate God's great love for us all! So take an extra bulletin and give it to your friends who may not be here with us this Sunday or many other Sundays. In the meantime, we will do our best to keep things moving smoothly in the parish – quietly, efficiently and prayerfully!

May the good Lord bless you all and may He travel with you!

*Fr. B*

| August 16th<br>August 17, 2014   | August 23rd<br>August 24, 2014  |
|--|---|
| <u>Epistle Readers</u><br>5:00 pm Saturday<br>G. Winch<br>8:30 am Sunday<br>C. Sikorsky<br>11:00 am Sunday<br>S. Dudych                                | <u>Epistle Readers</u><br>5:00 pm Saturday<br>K. Hrechka<br>8:30 am Sunday<br>A. Barrett<br>11:00 am Sunday<br>J. Malenko                                 |
| <u>Ushers</u><br>5:00 pm Saturday<br>J. Hykawy<br>M. Hykawy<br>8:30 am Sunday<br>T. Rodeck<br>E. Yarish<br>11:00 am Sunday<br>D. Gulchak<br>B. Rolston | <u>Ushers</u><br>5:00 pm Saturday<br>J. Tchir<br>D. Dahl<br>8:30 am Sunday<br>A. Danylchuk<br>N. Winchar<br>11:00 am Sunday<br>M. Samec<br>I. Werbovetski |
| <u>Vigil Lamps</u><br>Aug 18 - Aug 31, 2014<br>O. Humeniuk<br>K. Leochko   | <u>Vigil Lamps</u><br>Aug 18 - Aug 31, 2014<br>O. Humeniuk<br>K. Leochko  |

**Community Events - 2014 - Mark the Date!**

Aug 22-24 13th Annual Marian Eucharistic Conference, Fairmont Hotel, 2 Lombard Place, Wpg. www.marianconference.com

Ukraine Independence Day Zabava  
 Saturday, August 23, 2014  
 @ Prosvita, 777 Pritchard Ave

Ukraine Day in the Park  
 Saturday, September 13, Noon to 10 pm  
 Rainbow Stage in Kildonan Park  
 Concert, evening dance, Ukrainian food

Brotherhood Concert Series  
 with Hoosli Ukrainian Male Chorus &  
The Ukrainian Bandurist Chorus  
 Saturday, October 4 '14 ~ 7pm Pantages  
 Playhouse Theatre, 180 Market Ave E  
 Ticketmaster: www.ticketmaster.ca ;

Danny Schur's musical comedy, The Perogy Supper Miracle at Metropolitan Theatre  
 Sunday, November 2'14, Cocktails: 5:30 pm  
 Performance/Dinner: 7pm ~ \$150.00/person  
 multi-course meal served between acts  
 Call 204-942-0443 or visit the Lubov SSMI Foundation box office



**Marriage Banns:** Kristina Lynn Washchyshyn, daughter of Peter and Joan Washchyshyn ( nee Kuzenko) is promised in marriage to **Randolph Ronald Frykas**, son of Ronald and Linda Frykas (nee Protyondi) (2)



**Canon Luhovy Assembly of the Knights of Columbus** has created an **Educational Foundation**. The purpose of this Foundation is to assist financially any member of our Ukrainian Catholic Community who is enrolled in a post-secondary (University or College) or a private Catholic secondary school program. This assistance is also offered to anyone pursuing a vocation or wishing to enhance their educational profile.  
**Bursary Application Forms are in the parish office. Deadline September 30, 2014**

*Important DATE!*

**Upcoming at St. Joseph's:**  
 Aug 18- UCWLC Executive Meeting 7:00 pm  
 Aug 22- Requiem Service and unveiling of Commemorative plaque (CTO) 11am  
 Sept 2- UCWLC Meeting following Moleben 7:00 pm; Outreach meeting 6:30pm  
 Sept 4- Knights of Columbus Executive meeting 7:00 pm  
 Sept 7- Catechism Registration; Catechism classes begin Sep 21  
 Sept 8- Knights of Columbus Council meeting 7:30 pm  
 Sept 14- Parish Praznyk - Sunday Divine Liturgy at 10:00 am followed by festivities  
 Sept 21- Catechism Classes begin, Children's Liturgy, Commissioning of Catechists





It's been said that God first separated the salt water from the fresh water, made dry land, planted a garden, made animals and fish... All before making a human. He then made and provided what we would need before we were even born. These foods are at their best and most powerful when eaten raw.

A sliced carrot looks like the human eye. The pupil, iris and radiating lines look just like the human eye....And YES, science now shows carrots greatly enhance the blood flow and function of the eyes.

A tomato has four chambers and is red. The heart has four chambers and is red. All of the research shows tomatoes are loaded with lycopene and are indeed pure heart and blood food.

Oranges, grapefruits and other citrus fruits look just like the mammary glands of the female and actually assist the health of the breasts and the movement of lymph in and out of the breasts.

Grapes hang in a cluster that has the shape of the heart. Each grape looks like a blood cell and all of the research today shows grapes are also profound heart and blood vitalizing food.

Figs are full of seeds and hang in twos when they grow. Figs increase the mobility of male sperm and increase the numbers of sperm, as well to overcome male sterility.

A walnut looks like a little brain, a left and right hemisphere, upper cerebrums and lower cerebellums. Even the wrinkles or folds on the nut are just like the neo-cortex. We now know walnuts help develop more than three (3) dozen neuron-transmitters for brain function.

Kidney beans actually heal and help maintain kidney function and yes, they look exactly like the human kidneys.

Celery, bok choy, rhubarb and many more look just like bones. These foods specifically target bone strength. Bones are 23% sodium and these foods are 23% sodium. If you don't have enough sodium in your diet, the body pulls it from the bones, thus making them weak. These foods replenish the skeletal needs of the body.

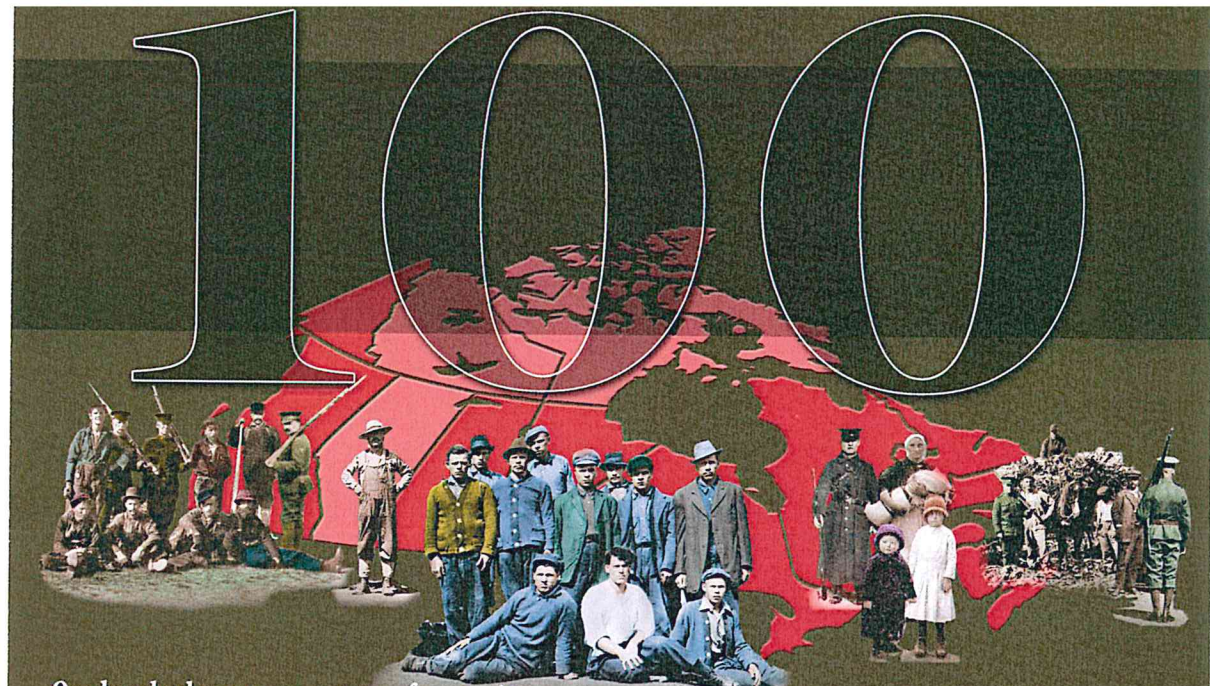
Avocados, eggplant and pears target the health and function of the womb and cervix of the female - they look just like these organs. Today's research shows that when a woman eats one avocado a week, it balances hormones, sheds unwanted birth weight and prevents cervical cancers. And how profound is this? It takes exactly nine (9) months to grow an avocado from blossom to a ripened fruit. There are over 14,000 photolytic chemical constituents of nutrition in each of these foods (modern science has only studied and named about 141 of them.)

Sweet potatoes look like the pancreas and actually balance the glycemic index of diabetics.

Olives assist the health and function of the ovaries.

Onions look like the body's cells. Today's research shows onions help waste material from all of the body cells. They even produce tears which wash the epithelial layers of the eyes. A working companion, garlic, also helps eliminate waste materials and dangerous free radicals from the body.

Amazing, God left us such great clues as to what foods we should eat to help certain parts of our body!



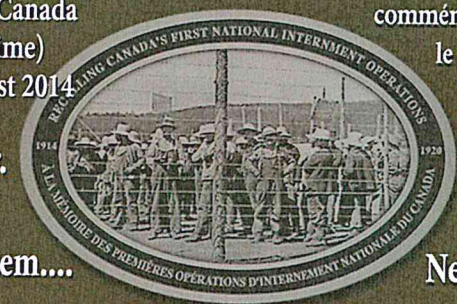
One hundred years ago - a wave of repression, as "enemy aliens" were herded into 24 internment camps, from coast to coast. One hundred years later - a wave of remembrance, hallowing all victims of Canada's first national internment operation.

Voilà cent ans, une vague de répression sévissant d'un océan à l'autre du pays s'est soldée par l'arrestation « d'étrangers ennemis » internés dans 24 camps. Un siècle après l'adoption de la Loi sur les mesures de guerre, une vague de souvenirs rappelle toutes les victimes des premières opérations d'internement national au Canada

Join us in witness as 100 plaques are unveiled across Canada at 11 am (local time) on Friday, 22 August 2014

Soyez témoin du dévoilement de 100 plaques commémoratives, partout au Canada, le vendredi 22 août 2014 à 11 h (heure locale)

Remember. Learn. Never Forget Them....



Souvenez-vous. Apprenez. Ne les oubliez jamais...

Friday, August 22<sup>nd</sup>, 11:00 am. We will celebrate a Requiem Service in church and then unveil the **Commemorative** plaque. Please come to the hall for Coffee & Fellowship.